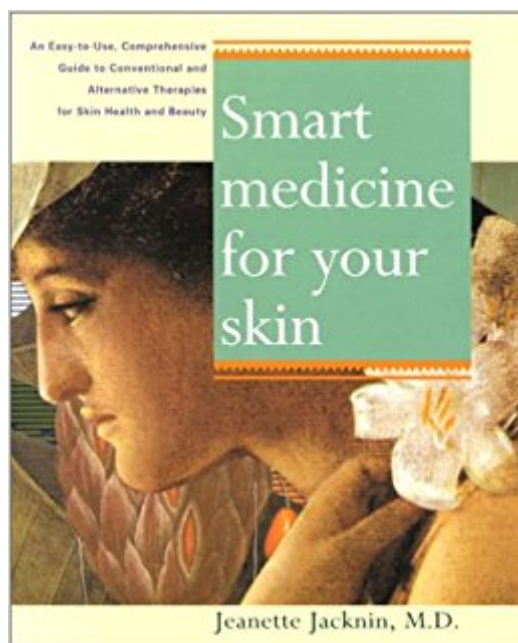




Ebook Directory
the best source of ebook

The book was found

Smart Medicine For Your Skin: An Easy Use Comph GT Undrstdg Conventional Alt Therapies Heal Common Skin Proble



Synopsis

An easy-to-use, comprehensive guide to conventional and alternative therapies for skin health and beauty.

Book Information

Paperback: 432 pages

Publisher: Avery (August 6, 2001)

Language: English

ISBN-10: 1583330984

ISBN-13: 978-1583330982

Product Dimensions: 9.2 x 7.4 x 1.1 inches

Shipping Weight: 1.5 pounds

Average Customer Review: 4.6 out of 5 stars 7 customer reviews

Best Sellers Rank: #1,430,271 in Books (See Top 100 in Books) #59 in Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Skin Care #290 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Skin Ailments #21933 in Books > Health, Fitness & Dieting > Alternative Medicine

Customer Reviews

Dr. Jeanette Jacknin, a board-certified dermatologist, is a member of the Phoenix Dermatology Society and the Gladys McGarey Holistic Physicians Group.

I was very pleased with the amount of contact I recieved from the seller. The condition of the book I ordered was exactly in the same condition as was listed on the site. The book took about two weeks to finally arrive. My only complaint would be having to wait so long to recieve my order in the mail.

"Smart" is the word for this accurate, balanced dermatology guide that presents both traditional therapies and alternative medicine choices. Written for health care professionals, yet suitable for individuals who want to take charge of their own health, this is an excellent resource for skin care. Smart Medicine for Your Skin is immediately useful and accessible. As a family doctor, I refer to it frequently for conventional allopathic treatment modalities. What I like most however, is that it gives me multiple alternative therapies that I can review with patients. The explanations are easy to understand and my patients like to have choices. As a bonus, the reference section provides in-depth resources for further explanations, classified by condition. This section also provides

helpful listings of manufacturers, publishers and organizations all easily accessible within the framework of this one book. It belongs on my bookshelf and I recommend it for yours. Harriet Schanzer, M.D.

Dr. Jacknin has written a thoroughly user-friendly guide to the common skin and nail ailments faced by everyone at some point in his or her life. The information is presented in layman terms with explicit definitions and descriptions which allow the reader to pinpoint his or her own areas of concern. That information along with Dr. Jacknin's objective delineation of treatments available gives the reader the opportunity to make an informed decision about management of a skin or nail problem. This book is an excellent reference which should be alongside the medical encyclopedia in every home.

Dr. Jacknin has written a thoroughly user-friendly guide to the common skin and nail ailments faced by everyone at some point in his or her life. The information is presented in layman terms with explicit definitions and descriptions which allow the reader to pinpoint his or her own areas of concern. That information along with Dr. Jacknin's objective delineation of treatments available gives the reader the opportunity to make an informed decision about management of a skin or nail problem. This book is an excellent reference which should be alongside the medical encyclopedia in every home.

This beautiful and beautifully-written guide to skin care and common dermatologic problems provides a wealth of conventional and complementary treatment approaches. Written in terms easily understandable to the layperson, the book is comprehensive and informative. Dr. Jacknin translates medical concepts into very understandable lay terms and is thorough in her explanations.

"Smart Medicine for your Skin" written by Dr. Jeanette Jacknin is a highly readable and comprehensive book. It guides the reader in conventional and homopathic treatments with clear explanations and remedies. Detailed instruction for your hair, skin and nails, diagnosis procedures and stress reduction is a "must" for all who are interested in maintaining health. This is a great book.

hey, my aunt is Jeanette Jacknin, my skin is very sensitive, and i have used this book many times for reference on what to do. It is very well organized, and is very helpfull.

[Download to continue reading...](#)

Smart Medicine for Your Skin: An Easy Use comp GT undrstdg Conventional alt Therapies Heal Common Skin Proble Mayo Clinic Book of Alternative Medicine, 2nd Edition (Updated and Expanded): Integrating the Best of Natural Therapies with Conventional Medicine Organic Skin Care: Heal Eczema and Eliminate Problem Skin with DIY Organic Skin Care Recipes That Nourish, Protect and Hydrate All Skin Types US Army Technical Manual, DESTRUCTION OF CONVENTIONAL AMMUNITION AND IMPROVED CONVENTIONAL MUNITIONS (ICM) TO PREVENT ENEMY USE, TM 43-0002-33, 1993 How to Heal Cavities and Reverse Gum Disease Naturally: a science-based, proven plan to heal teeth and gums using nutrition, balancing the metabolism, and natural therapies such as oil pulling The Definitive Guide to Prostate Cancer: Everything You Need to Know about Conventional and Integrative Therapies Dr. Katz's Guide to Prostate Health: From Conventional to Holistic Therapies The Definitive Guide to Prostate Cancer: Everything You Need to Know about Conventional and Intergrative Therapies (Thorndike Large Print Health, Home and Learning) Smart Medicine for Healthier Living : Practical A-Z Reference to Natural and Conventional Treatments for Adults The Whole Family Guide to Natural Asthma Relief: comp Drug Free solns for Treatment Prevention Asthma Allergies How to Use Tea Tree Oil - 90 Great Ways to Use Natures "Medicine Cabinet in a Bottle" - Acne, Boils, Head Lice, Nail Fungus, Ringworm, Skin Tags, - Health ... Dilutions and Lots More! (What Is? Book 2) Easy European Cookbook Box Set: Easy English Cookbook, Easy Greek Cookbook, Easy French Cookbook, Easy Irish Cookbook, Easy German Cookbook, Easy Portuguese ... Portuguese Recipes, Irish Recipes 1) Recover with GAPS: A Cookbook of 101 Healthy and Easy Recipes That I Used to Heal My ULCERATIVE COLITIS while ON THE GAPS DIETâ "Heal Your Gut Too! The Healing Effects of CBD Rich Hemp Oil - Make Your Own CBD Oil at Home: How to Extract, Use and Heal with Cannabis Medicine Nutrient Power: Heal Your Biochemistry and Heal Your Brain Essential Oils for Dogs: 100 Easy and Safe Essential Oil Recipes to Solve your Dog's Health Problems (Alternative animal medicine, Small mammal Medicine, Aromatherapy, Holistic medicine) 1000 Cures for 200 Ailments: Integrated Alternative and Conventional Treatments for the Most Common Illnesses Just the Essentials: How Essential Oils Can Heal Your Skin, Improve Your Health, and Detox Your Life Carpal Tunnel Symptoms and Treatments: All about Carpal Tunnel Syndrome Causes, Diagnosing, Symptoms, Signs, Non-Surgical and Surgical Treatments, Alt Little Bunny - I Like... , Lille Hare - Alt det jeg kan lide: Picture book English-Danish (bilingual) 2+ years (Little Bunny - Lille Hare - English-Danish (bilingual)) (Volume 2)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)